

Description:

On-screen text reads:

Media description: The UnitedHealthcare logo stretches into a ribbon that swipes across the screen and flies away.

Narrator:

When it comes to your health journey, it feels good to know you've got support every step of the way.

Description:

On-screen text reads:

Primary care provider (PCP)

Narrator:

That's where your primary care provider, or PCP, comes in.

Description:

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What's a PCP?

Narrator:

A PCP is the doctor who knows you best — who understands your health history and health goals.

They're who you turn to first — for everything from routine care to prescriptions and more.

Description:

On-screen text reads:

Preventive care

- Checkups
- Well-child visits
- Screenings
- Immunizations

Narrator:

PCPs also provide you with preventive care, such as well child visits, annual checkups, mammogram screenings and immunizations.

Description:

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Virtual visits for primary care

Narrator:

And, since most PCPs offer virtual visits for primary care, you can choose to see them in person or from home.

Description:

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Choose a PCP

Narrator:

So, whether or not your plan requires you to have a PCP, it's a good idea to choose one.

Description:

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Choose a network PCP

Narrator

And a tip? Be sure to choose a PCP who's in your network

Description:

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Out-of-network Network

Narrator:

because staying in network can help save you money.

Description:

On-screen text reads:

\$0 additional cost

Narrator:

For example, when you see a network provider for preventive care, you'll find that the visit's covered by most health plans at no additional cost.

Description:

On-screen text reads:  
Finding a network PCP

Narrator:

Now that you know the benefits of having a network PCP, let's look at how to find the one that's right for you.

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On-screen text reads:  
[uhc.com/providersearch](http://uhc.com/providersearch)

Narrator:

First, go to [uhc.com/providersearch](http://uhc.com/providersearch). Then, choose your health plan name and select Primary Care.

You'll be able to see which PCPs are in network, if they're accepting new patients, and what their patient ratings and average costs are.

Description:

On-screen text reads:  
My PCP

Narrator:

If you already have a PCP and want to make sure they're in the network, no problem — all you have to do is search for them by name.

Description:

On-screen text reads:  
care that helps meet your needs

Narrator:

Just remember, no matter where your health journey takes you, your PCP is there to support and connect you with the care that helps meet your needs.

Description:

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